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GENERIC ORDERS REQUESTED FOR CO-PARENTING BEHAVIOUR IN SHARED PARENTING

Informational Access

1. The parents will be given access to all schedules for the children's extra-curricular activities, including but not limited to soccer, hockey, music, dance, gymnastics and acting lessons, etc. Both parents' contact information will be given to all activity coordinators so that they can be sent all information pertaining to such activities.
2. Similarly, all schools and tutors or other educational institutions shall be provided with both parents' contact information and jointly instructed to provide all information to both parents.
3. Each parent shall provide the other with the names, addresses and phone numbers of all health care professionals (i.e. physicians, dentists, orthodontists, etc.) providing care, or who might be used to provide care, to the children (such as a walk-in-clinic in each parent's neighborhood).
4. Each parent shall provide the other with copies of any medical and/or professional reports, etc. she or he may have pertaining to the children. The parents may also request any relevant records/information from the children's professionals directly. If required by the physician, the parents shall provide written permission to the children's physician or other medical professional to release information to the other parent.
5. A school calendar is available from school. It is each parent's responsibility to stay up to date on any relevant educational matters (i.e. professional activity days, special events, field trips, concerts, parent-teacher meetings, etc.). Each parent shall request from the schools that he/she be provided with all the notices, communications, flyers, report cards, etc.

6. The parents shall promptly notify each other of any potential non-routine or major medical decisions. The parents shall provide each other with the name and telephone number of the attending practitioners. The parents shall both consult with the relevant physicians and attempt to come to a mutual decision about major medical issues in accordance with consensus professional opinion. The parents shall rely on the children's pediatrician/physician for assistance in organizing the various referrals, assimilating the information and opinions and in coming to the final decision.
7. The parents shall notify each other as soon as feasible, immediately if possible, of an emergency visit to a physician, specialist, and/or hospital. Both parents may attend.
8. The parents shall discuss in a timely way, forthcoming major issues regarding changes at school and at school programs. Each shall advise the other if the school calls regarding a significant child-related matter.
9. Both parents and their families may attend the special events associated with lessons and activities. Both parents and their families may also attend the children's sports practices, recitals, performances, games, and other activities or lessons regardless of whose parenting day it is.
10. The Respondent shall provide the Applicant a certified copy of the children's Birth Certificate and Health Card, as well as photocopy of their Passports. Each parent shall ensure that the required or necessary documentation shall accompany the children when they travel out of town overnight, as when requested by the parent traveling with the children.
11. The Applicant and Respondent agree to keep the other informed promptly of any changes of address, telephone number, cell phone number or email address.

Telephone, Email and Text-Message Contact

12. The parents shall each maintain a working telephone with an answering machine/service, and email. The parents agree to keep each other informed of all of their respective current phone numbers and email addresses (and the children's cell phone, email and social networking addresses once applicable) as applicable, and shall notify each other in writing of any changes.
13. Each parent shall have access to contact the children, and receive contact from the children, by cell phone and social networking sites and email. Once applicable, if there is room in airtime minutes on the children's cell phone, the parties shall first attempt to reach the children and have a meaningful conversation with the children on their phones. If the airtime is unavailable or insufficient for this purpose, or if voice messages or text messages are not promptly returned, the non-residential parent may call the children at the other parent's home, and messages left shall be returned promptly.
14. Each parent will keep to a minimum of one 10-minute phone call with each child per day while in the other parent's care. Such completed phone calls shall be limited one per day while the child is in the other parent's care. Each parent will

keep text messages to a minimum and are only permitted to text the children between 9:00 a.m. and 9:00 p.m. while in the other parent's care. The parents shall ensure that when the other parent calls, the children will return messages within a 24-hour period.

15. All phone calls between the children and the other parent shall be private and not on speaker phone and neither parent shall permit anyone else, including their extended family, to listen in on such calls. The residential parent shall be absent from the vicinity of the call so as to permit the children open and private communication with the non-residential parent.

School and Extracurricular Activities

16. Neither party will arrange activities for the children when the children are scheduled to be with the other parent without that parent's consent. The parents shall discuss future school and extra-curricular activities of the children at least one month in advance of the beginning of, or signing the children up for, the organized activity. The parent enrolling the children in any activity shall provide the other parent with all relevant and necessary details about the activity schedule, location, parent meetings, equipment requirements, etc.
17. Both parents and their families may participate in and attend at the children's school activities such as open houses, athletic and social events, etc. and extra-curricular activities such as sports, music, theater, etc.
18. If the resident parent cannot take the children to a scheduled activity/lesson, the non-resident parent may be given the option to do so.
19. The parents shall provide each other with the names, addresses and phone numbers of all health care professionals (i.e. physicians, dentists, orthodontists, etc.) providing care, who might be used to provide care, to the children.
20. The parents shall provide each other with copies of any medical and/or professional reports, etc. she or he may have pertaining to the children. The parents may also request any relevant records/information from the children's professionals directly. If required by the physician, the parents shall provide written permission to the children's physician to release information to the other parent.

Travel

21. If either party plans a vacation with the children, the travelling party will provide the other with a detailed itinerary at least 10 days before it begins, including the name of any flight carrier and flights times, accommodation, including address and local telephone numbers and details as to how to contact the child during the trip.
22. If either party plans a vacation outside of Canada with the children, the travelling parent will provide the other parent with a draft letter (or travel consent) authorizing the child to travel, for the other parent to execute and have notarized. Such consent to travel not to be unreasonably withheld or delayed.

23. If a parent travels (without the children) he/she shall provide in writing, a phone number to the resident parent in case of a child-related emergency and/or if the children want to contact the traveling parent.
24. The location(s) and phone number(s) of the children's whereabouts when traveling away from either parents' residence overnight shall be provided to the other parent in writing, prior to departure along with cell and other contact information.

Co-Parenting Covenants

25. **Neither parent shall make derogatory remarks about the other parent to the children or within earshot of the children, nor will either party discuss the litigation herein with the children. For greater certainty, each parent will refrain from speaking ill of the other parent, their partner, their families and their friends, at all times. The parents shall not share or discuss with the children inter-parental communications or disputes, nor shall they permit anyone else (other than the duly-appointed therapists) to do so. The parents shall not engage in any manner of conflict, subtle or open, in the presence of the children and, accordingly, shall relate to one another in a reasonable and cordial manner in all instances in which the children are present or nearby.**
26. **Each parent shall be entitled to have a full and active role in providing a sound moral, social, economic and educational environment for the children. The custodial or decision-making or access powers shall only be exercised in a way that is in the best interests of the children. Neither parent shall make any statement nor take any action with the intent or effect of portraying the other parent as marginalized in the life of the children because they are not the "custodial" parent. Rather each parent shall in all communications to or relating to the children message that both parents are to be considered full and involved parents in the children's lives.**
27. **Each of the parents shall exert every effort to maintain free access to an unhampered contact between the children and the other parent and to foster a feeling of affection between the children and the other parent. Neither parent shall speak to, or in the presence of, the children in a derogatory manner concerning the other parent, nor permit anyone else to do so. Neither parent shall do anything which would estrange the children from the other; which would injure the opinion of the children as to their mother or father; or which would impair the natural development of the children's love and response for each of the parents.**
28. **Specially, each parent shall continue to communicate to, and foster in, the children a concept of the other parent as (I) safe; (II) loving; (III) available; (IV) that each parent can make a substantial contribution to the upbringing of the children; (V) that each parent is supportive of the children's relationship with both parents; and (VI) that each parent is fully supportive of the terms of their Court-Ordered and/or agreed parenting arrangements as being in the best interests of the children.**

29. The parents shall be provided with copies of school, activity or special occasion pictures of the children that they have not previously been provided with and copies of such family mementoes, school reports, extra-curricular activities' pictures and awards and similar child-focused items as they may reasonably request, at the requesting parent's cost.
- 30. The parents shall be required to utilize all appropriate guidance and boundaries, incentives and consequences and escalate them on a timely basis, so as to require the children to: (I) comply with the living arrangements and other parental contact prescribed by Court Order or agreement; and (II) to require of the children the healthy behaviour contemplated below:**

. *Children's Rights*

- A. The children have the right to love and express love, verbally and through hugs, to each of their parents equally, free from any feelings of disloyalty or upset of the other parent.
- B. The children have the right to cherish and think highly of each of their parents and the right to be free from any disparagement, negative opinions or criticism of one parent by the other parent or by members of a parent's extended family and friends.
- C. The children have the right to demonstrate affection to each of their parents in the presence of the other and in the presence of their respective extended families.
- D. The children have the right to describe positively and with enthusiasm their life with one parent to the other parent and the right to expect that this expression will be received openly and warmly and encouraged.
- E. The children have the right to not have to manage the feelings of a parent by demonstrating loyalty or conveying dislike of the other parent or parent's home.
- F. The children have the right to see their parents get along and be cordial with each other.
- G. The children have the right to be free from pressure or lobbying from their parents or extended families regarding their living arrangements between the two homes.
- H. The children have the right to not be exposed to the matters described in the Court Decisions that resulted in the current situation in the family.

Children's Responsibilities

- A. The children are responsible for dealing with each of their parents fairly, respectfully and with love and affection.
- B. The children should not seek to use one parent to intervene or overrule parenting decisions made at the other parent's house.
- C. The children are responsible to respect the privacy of each of their parent's homes.
- D. If the children are exposed to disparagement of one parent by the other or by their extended family, the children have the responsibility to assert themselves and ask that their right to think highly of both parents be respected.
- E. The children are responsible for managing their own behavior in a manner which will support their rights and responsibilities and their parents' parenting plan.
- F. The children have the responsibility to maintain a balanced, fair and independent attitude towards their parents and to not take sides on any issues with one parent against the other.
- G. The children have the responsibility to not behave in the manner depicted in the Court Decisions that resulted in the current situation in the family.

31. Neither child shall record either parent, nor shall either parent record either of the children. The parties shall not record one another.

Post-Trial Assistance

32. The Court shall remain seized for this matter for a one year period of time to monitor compliance and assist the family with any requisite procedural or substantive Orders in support of this parenting plan.