

## IMPACT ON CHILD

Psychological Abuse by parents has been found to lead to disorders at a rate greater than physical or sexual abuse.

(American Psychological Association)

### BODY'S RESPONSE TO ABUSE :

Reduced ability to learn & respond

Dysfunctional social skills

Hormonal Imbalance

Inappropriate immune response

Greater susceptibility to infections



### Alienated children are likely to die "prematurely" & suffer from

Severe Depression



Suicidal Tendencies



Drug / Alcohol Abuse



Inability to form Relationships



Low academic achievement



Heart Disease



Lung Disease



Cancer



Low self-esteem



Incarceration



Source ACE study, CDC

## HOW YOU CAN HELP ?

### TARGETED PARENTS

- However hard & frustrating it may seem...Don't Give Up.
- Remember your child is the REAL victim, don't blame them-love them.
- Don't bad-mouth your spouse in return.
- Spend time with your child building good memories.
- Seek help for yourself and your child from trained psychologists.
- Bring it to the notice of courts.

### ALIENATING PARENTS

- Put your child's needs before yours.
- Remember, PA is likely to hurt you and your child
- Seek help for yourself and your child from trained psychologists

### LEGAL PROFESSIONALS

- Put the child's interests before yours or your clients
- Remember, your children are going to grow up in the same society
- Educate fellow professionals
- PA is not a family law issue but a human / child right issue

### MEDICAL PROFESSIONALS

- Increase awareness about ACE (Adverse Childhood Experiences)
- Seek history of childhood trauma in all patients
- Treat PA as a serious physical & mental health diagnosis



WRITE TO US &

JOIN US ON 25TH APRIL TO MARK "PARENTAL ALIENATION AWARENESS DAY"

PARVARISH

parvarishchildrights@gmail.com

## ARE YOUR CHILDREN VICTIM OF HATE ??

"Your Dad will feed you to the Tigers!"

"Your Mom doesn't Love you !"

" Who do you want to live with - mamma or papa? "

" Your papa is a Bad Man & his family are very evil ! "

"Tell the judge that you hate your mom !"

" WHAT... You had fun at your dad's place? "



SAVE YOUR CHILD FROM BEING ABUSED BY

PARENTAL ALIENATION

# WHAT IS PARENTAL ALIENATION?

Parental alienation (PA) constitutes behaviors or actions that a parent does to hurt or damage relationship of the child with the other parent.

Alienation usually starts with subtle manipulations like showing displeasure whenever the child has fun with the "Target Parent", but may rapidly progress to throwing away gifts / not allowing target parent to meet with the child / not sharing child's school or medical records etc. Some parents may actively bad-mouth the other parent, change the name & address of the child, defy court orders or make false allegations of abuse against the target parent.

These are psychological tools of brainwashing, thereby compelling the child to reject / express hatred / refuse to spend time or even physically hurt the target parent. The alienating parent may be doing it to take revenge for perceived wrongs or are unaware or may be suffering from a Personality Disorder.

## PARENTAL ALIENATION IS CHILD ABUSE.

In the short-term it may succeed in persuading the child to tow alienating parents line, however, it soon back-fires with catastrophic consequences for the child.

# ALIENATING ACTS HARMING YOUR CHILD !



Preventing Child from meeting the other parent.



Making a Child take sides or choose between parents.



Making false allegations of abuse against the other parent.



Withdrawing love/gifts or bribing the child to reject the other parent.



Discussing court cases or your marital history with the child.



Making a child fearful of the other parent



Bad-mouthing (speaking negatively) the other parent or their family.



Asking the child to spy on the other parent.



Not allowing a child to freely express their love for the other parent.



Asking the child to keep secrets from the other parent.



“Parental Alienation occurs when one parent hates their ex-partner more than he/she loves their kids!”