

# CURRENT RESEARCH ACTIVITIES AND PROGRAMMING FOR MILD AND MODERATE PARENT REJECTION

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# RATIONALE FOR STUDYING MILD & MODERATE PARENTAL ALIENATION

- Little has been discussed beyond descriptions of mild and moderate parental alienation/rejection in the literature.
- Mild and moderate alienation are more frequent in families that have chronic conflict than severe alienation.

# DESCRIBING MILD & MODERATE ALIENATION

## MILD ALIENATION



- Child resists contact with the TP, but has a good time with the TP once in that parent's care.

## MODERATE ALIENATION

- Child strongly resists contact with the TP and once in the care of the TP, the child is defiant, difficult, and disrespectful.



- **Understanding the continuum of alienation/rejection via research conclusions can increase our ability to:**

- Understand psychological and behavioral similarities and differences in both the child and the parent in mild, moderate, and severe forms of alienation.
  - Be able to predict which parents will most likely engage in mild, moderate, and severe forms of alienation.
  - Prevent alienation in some families.
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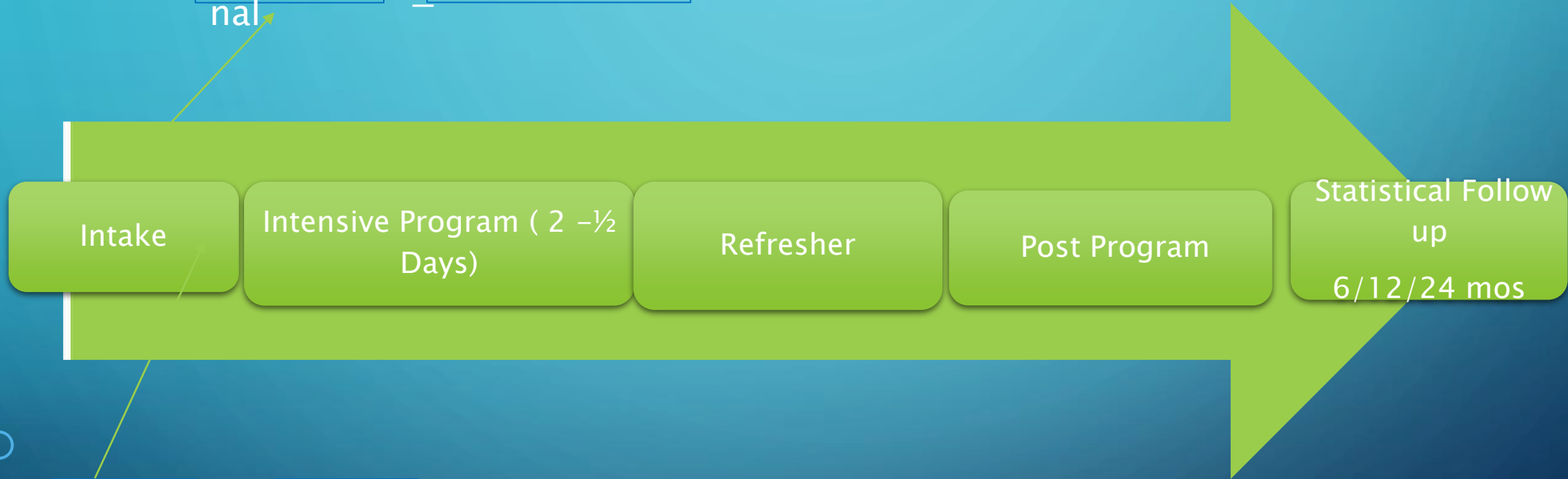


# RESETTING THE FAMILY PROGRAMMATIC COMPONENTS

- Educational in design/presentation
- Families exhibiting the effects of mild and moderate parental alienation
- Open to Parents and other influential family members
- Separate programs for adults ( FP and TP) and their children

# 5 COMPONENTS

Transitional = Co-Parenting



Severe ⇒ Referral



# INTAKE : INITIAL SCREENING/ POST PROGRAM

## EVALUATIVE INSTRUMENTS

- **Psychopathology**
  - Borderline and narcissism subtests, Power Inventory, anxiety, depression, pathology scales
- **Power and Control**
  - Power Inventory, Partner Hostility, Attribution of Blame, etc.
- **Autonomy**
  - Self Awareness, Self Control, Self Care,
- **Alienation**
  - Inventory of behaviors

## OBSERVATIONAL

- **Family Dynamics between parent/child**
  - Parent / Child Relationship Questionnaire, Interactions between parent and child,
  - Narrative self reporting of family interactions, precipitating factors
  - Narrative Reporting from Atty, Amicus, Etc

## CHILD IMPACT

Baker Questionnaire, Narrative of Family interactions, Anxiety, PARC, PowToon Video Assessment, biomarker of stress (grant pending)



# PROGRAM

## Parent Program

- 3 Half Day Intensive Program
- Educational
  - Self Assessment : Role Plays : Videos
- Child Focused
  - Impact on Child
  - Brain/ Development

## Children's Program

- 3 Half Day Intensive Program
- Educational
  - Self Awareness, Role Plays , Videos
- Main Components
  - Critical Thinking
  - Perception
  - 2 sides

# KEY FACTORS AND COMPARISONS IN TWO GROUPS

## MILD / MODERATE ALIENATION

VS

## PRO- SE CASES (CONTROL GROUP)

- Presence of Pathology
- Impact on children
- Power imbalance between parents
- Role of Litigation

- Intake Process requirements
- Recidivism in the Court System
- Child Adjustment post Divorce (Family Relationships)

# EVALUATION/RESEARCH QUESTIONS

- Improvements over time (pre/post) with parent and child measures after program participation
  - What factors improve? Which factors do not?
  - How can the program be adjusted to have greater impact?
- Clearer understanding of differentiators for mild, moderate, and non-alienated children and their parents



QUESTIONS?