

PARENTAL ALIENATION FAQ

What is in DSM-5 about parental alienation?

In the DSM-5 (published by the American Psychiatric Association in 2013), five diagnoses describe different aspects of parental alienation:

Parent–child relational problem (p. 715)

A new diagnosis in DSM-5: *child affected by parental relationship distress* (p. 716)

Another new diagnosis in DSM-5: *child psychological abuse* (p. 719)

Delusional symptoms in partner of individual with delusional disorder (p. 122), formerly called *folie à deux*

Factitious disorder imposed on another (p. 325), formerly called *Münchausen syndrome by proxy*

Bernet, W., Wamboldt, M.Z., Narrow, W. (2016). Child Affected by Parental Relationship Distress. *Journal of the American Academy of Child & Adolescent Psychiatry* 55:571–579.