

Blogs Regarding Parental Alienation

Christine B. L. Adams, M.D. — November 2020

Dr. Christine B. L. Adams writes blogs for [PsychologyToday.com](https://www.psychologytoday.com), which discuss the why and how of parental alienation.

You can familiarize yourself with Dr. Adams' new findings about alienating and targeted personalities by visiting her *Living on Automatic* blog site here:

[Living on Automatic](#)

Here are some sample blogs written by Dr. Adams:

Parental Alienation: How and When Does It Start?

[Parental Alienation: How and When Does It Start? | Psychology Today](#)

Who Are Low-Copers?

[Who Are Low-Copers? | Psychology Today](#)

Who Are High-Copers?

[Who Are High-Copers? | Psychology Today](#)

6 Good Things Children Can Learn from Quarantine

[6 Good Things Children Can Learn from Quarantine | Psychology Today](#)

Can You Make Lasting Changes in Your Personality?

[Can You Make Lasting Changes in Your Personality? | Psychology Today](#)

Can You Control Relationship Anxiety?

[Can You Control Relationship Anxiety? | Psychology Today](#)